

## **ANAD Support Group**

### Description:

Ongoing ANAD support group: the 2nd and 4th Mondays of the month, from 6:30-7:30 pm. We provide a supportive and warm environment to those seeking a place to help in their recovery from anorexia, bulimia and binge eating disorder. We can also provide you with referrals to local resources (therapists, dietitians, treatment centers and other support groups) to aid in your recovery.

Address Line 1: South Coast Medical Center,  
Community Room, 31872 Coast Highway (off PCH  
& 7th Ave)

Country: USA

State: California

City: Laguna Beach

Zip: 92651