

**Rachel Breskman, MEd**

**Description:**

Individual, family, group (currently only sexual abuse survivors). Adults and adolescents. Approach is relational. Work alone in private practice but refer for nutritional counseling and medical monitoring, group and psychiatric evaluation and medication where indicated. Also have certification in addictions counseling though I don't approach eating disorders as an addiction literally. Specialize in trauma recovery as well. Believe in empowering and creating safe environment while giving honest feedback and support.

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State: Pennsylvania

City: Glenside

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