

Alison Brown, Ph.D.

Description:

I am a Licensed Clinical Psychologist specializing in eating disorders and substance abuse treatment. I provide individual and group psychotherapy and strive to balance a focus on reducing symptoms with attention to underlying emotional issues. I received my doctoral degree from Northwestern University and completed post-doctoral training at the Smithers Treatment Center. I am currently Clinical Director at the Program for Managing Eating Disorders, an eating disorders day treatment program in New York City.

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