

Andrea B. Hamilton, PhD

Description:

I am a licensed clinical psychologist in private practice with a specialization in treating Anorexia, Bulimia, Binge Eating Disorders, and psychological issues related to Obesity. In addition, I offer treatment for issues that sometimes accompany eating disorders such as sexual trauma, intimacy concerns, anxiety/depression, and medical illness. I received training in eating disorders at Northwestern University and additional training at Cornell University Medical Center. I combine cognitive behavioral techniques with a psychodynamic approach to both address symptoms and explore underlying causes. I also try to balance standard treatments with a respect for each individual's need to find what works best for her. The overall aim of treatment is to achieve and sustain healthy behavioral change that will improve overall health, personal safety, and emotional well being. Individual and couples psychotherapy is provided in a comfortable private office environment. I treat adults and adolescence

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