

Alisa Schwartz, Ph.D

Description:

I previously worked as the Director of Day Treatment at the Renfrew Center of New York. I currently am working privately with adolescents and/or women struggling with food and body image issues. My approach involves both examining underlying issues and implementing behavioral techniques. My training is in psychodynamic, cognitive-behavioral, and dialectical behavior therapy approaches. When indicated I make additional referrals for psychiatry, nutrition, and medical follow up.

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