

Amy Lipton, LCSW

Description:

I provide individual psychotherapy for adult and adolescent women with body image issues, eating issues, and eating disorders. Additionally, I work with women struggling with depression, anxiety, and difficulties in relationships. I work with clients to help them to understand the reasons for the development of their problems, as well as to learn to draw on their strengths to overcome these problems. I have worked at The Renfrew Center, both in the Day Treatment Program and as an Outpatient Therapist. When necessary, I collaborate with and can provide referrals to Nutritionists, Psychiatrists, and Primary Care Physicians. Sliding scale fees are possible.

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