

**Eating Behavior Consultants, Lynn
Muller-Guiser**

Description:

Greetings! For 22 yrs. I've offered nutrition counseling to people who have eating disorders-including anorexia, bulimia, binge eating disorder, compulsive overeating, and body image and weight concerns. One area of expertise is using a NON-DIET APPROACH to resolve bingeing and overeating. I am a registered dietitian with a master's degree in nutrition and exercise physiology from Columbia University. Services include individual nutrition counseling, family support sessions, group support/classes, and referrals for clients to other eating disorder specialists. Personally, my life once revolved around food and my weight. I now "walk my talk" and bring my personal, academic, and work experience to help you in a way that is rewarding and empowering, and will make your life more joyful! If you are tired of dieting, unhappy about your weight, or feel that food controls you, my services can benefit. Don't wait! Email or call for a confidential appointment! I am located

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State: New Jersey

City: Belford (Middletown Twshp)

Zip: 07718

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