

Affiliated NLP Medical Psychotherapy

Description:

MED, NLPC Certified Clinical Hypnosis, EMDR Roslindale Boston Hypnosis-Behavioral Medicine Day Evening Weekend Free Telephone Consults. We have an excellent track record for treating problematic medication side effects using meditative psychotherapy, EMDR, nREM therapy and Ericksonian Hypnotherapy for BiPolar, Panic Disorder, Depression, IBS Irritable Bowel Syndrome, Fibromyalgia, Chronic Fatigue Syndrome. Some of our patients are doctors. We also offer Besso Therapy. Besso Therapy is a naturopathic meditation treatment—a neurosomatic therapy--- which induces a prolonged, nonverbal meditative state of profound stillness in body-mind and results in slow-wave brain functioning (theta waves), natural sedation and a sustained reduction of anxiety and fear, so that healing can occur. This nonverbal, non-conscious, deep meditative procedure can be viewed as philosophic, psychospiritual and integrative as it also encourages unconditional body acceptance and a nonverbal metaphysical understandi

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