

Sierra Tucson

Description:

International hospital specializing in eating disorders, chemical dependency, sexual abuse, trauma, sex addiction, co-dependency, gambling addiction, anxiety and obsessive compulsive disorder, among others. Specializing in multi-issued clients. Utilizing a bio-psycho-social-spiritual-emotional approach. Individual treatment plans. Eating disorder group specific facilitated by masters level therapist, dedicated psychiatrist, nutritionist and exercise therapist. Therapies include: psychodynamic, cognitive behavioral, experiential, EMDR, Equine assisted therapy, adventure therapy, psychopharmacology, relapse prevention, 12 step and psycho educational work. Beautiful campus setting integrated into the high desert.

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