

## **Awakening Center's Eating Disorder Treatment Program**

### **Description:**

We have the most comprehensive outpatient eating disorder treatment program in the city of Chicago. Our program consists of a multi-faceted approach that attacks the problem wholistically. We offer: Individual psychotherapy, individual nutrition counseling, individual psychiatric evaluations and medication management, individual art &/or movement therapy, couples and family therapy. We also have group therapy, free support groups, nutrition counseling groups, art therapy and movement therapy groups. A free newsletter with articles on various health and emotional issues related to recovery will be sent to you if you email us your mailing address. We accept many PPO insurance, some HMO's and also offer a sliding fee if insurance is not an option. We have day, evening and weekend hours available. There are 4 therapists, 1 psychiatrist and 2 nutritionists in the program. We each have extensive training and experience working with women and men with eating disorders.

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State: Illinois

City: Chicago

Zip: 60657

Website: <http://www.awakeningcenter.net>