

## **Valenta Eating Disorder Clinic**

### **Description:**

The program schedule is designed with two separate tracks for adults and adolescents. The day treatment program (PHP) is run Monday through Friday 8 hours per day. At Valenta, we recognize the significant steps you can take toward recovery, and we want to help you with the best treatment available. We strive to provide the most innovative and effective treatments to help you in your recovery, and all our services are provided in a safe and tranquil environment. Treatment includes individual and family therapies, art therapy, movement, yoga, educational groups and nutrition services. These opportunities, coupled with the medical care and expertise of our full-time staff, provides a balance between therapeutic work and self-care required for recovery.

Valenta offers FREE assessments, please call (909) 771-8023 to schedule one today.

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Zip: 91730

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