

Alison Franklin, LCSW, SAP

Description:

I have a passion for working with women and men struggling with an eating disorder or an unhealthy relationship with food. At different points in our lives, we encounter situations or events that can cause emotional distress and trigger unhealthy feelings, behaviors and patterns with food. You already know how bad it feels to be stuck. My goal with every client is to facilitate change and to ensure that he or she has the skills, self-worth and relationships needed to live satisfying lives without food getting in the way.

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