

The Cedars at Cobble Hill

Description:

At Cedars we believe in treating the individual as a whole, unique and dynamic person. We offer personalized, insightful and compassionate support through the process of recovery. Our clinical team works collectively in assisting patients to recognize, define and implement healthy and safe, recovery focused goals.

What we offer:

- Separate residences for men and women

- A comprehensive medical, psychological, emotional and spiritual assessment process.

- Individualized plans to ensure each patient receives the most effective treatment.

- Separate treatment streams for patients with co-occurring disorders

- A length of stay that is determined by measured progress toward patient and staff identified goals

- High staff to patient ratio

- Individual Therapy

- Psychodynamic Group Therapy

- Cognitive behavioural therapy/ Motivational Enhancement Therapy/ Dialectic Behavioural Therapy

- Educational Seminars

- Art Therapy (Recovering Words Workshop)

- Spiritual Guidance

Address Line 1: P.O. Box 250, 3741 Holland Ave

Country: Canada

State: British Columbia

City: Cobble Hill

Zip: V0R 1L0

Website:

<http://www.cedarscobblehill.com/eatingdisordertreatment.htm>