

## **A Life Map To Freedom**

### Description:

Coaching Successful Transitions for Women with Eating Disorders. Supporting/mentoring/coaching women out of treatment and back into their everyday lives. Assisting with the re-entry process for both client and their family members.

• Private individual telephone coaching with your own personal Transition Coach.

• Group Coaching ( may include family and friends).

• Couples Coaching.

• Retreats and workshops.

• Email support.

Country: USA

State: North Carolina

City: Brevard

Zip: 28712

Website: <http://LifeMapToFreedom.com>