

**Amanda Bechtel, ATR, LCPC**

Description:

I use art therapy to help you express and experience thoughts and feelings when words fail. It is a tool that can help with eating disorders and related issues such as emotional regulation, body image dissatisfaction, trauma and self-injury. We can discuss whether you want to see me as your primary therapist or as an adjunct to your treatment team.

Address Line 1: 7000 Carroll Ave Suite 200

Country: USA

State: Maryland

City: Takoma Park

Zip: 20912

Website: <http://www.bechtelarttherapy.com>