

Dara Bellace, PhD

Description:

Dr. Bellace is a licensed clinical psychologist with clinical and research expertise in treating eating disorders. She offers individual CBT and supportive therapies to adolescents and adults struggling with eating disorders and associated issues, including depression, anxiety and relationship difficulties. Dr. Bellace is also one of few certified Maudsley Family Therapists in the nation. She offers parent coaching to parents of adolescents struggling with eating disorders as well.

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