

Valley Clinical Services

Description:

Valley Clinical Services offers a variety of strength-based counseling services with a family-centered focus to foster independence and empowerment.

In our Eating Disorder program, we use a comprehensive approach, incorporating proven techniques such as DBT, CBT, Family Systems and Intensive Psychotherapy addressing family functioning issues. Our outpatient recovery programs address compulsive overeating, bulimia, starvation dieting, over-exercising and obsessive compulsive behaviors related to eating disorders, in an atmosphere of hope and support. Each client is individually assessed to determine which level of treatment is the most appropriate.

Additional components of the program include medical and nutritional consultations, art and journal therapy, exposure activities and high co-ordination of care with treating Psychiatrist and Primary Care Physician.

We believe that recovery from ED is worth your commitment to health and peace of mind.

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State: Arizona

City: Scottsdale

Zip: 85259

Website: <http://www.valleyclinicalservices.org>