

**Amanda Mendizabal, MSS, LICSW**

**Description:**

Welcome to my practice. Regardless of what your struggle is at this time, I believe that through our relationship we can work together to help you look at your current patterns and potential changes changes you can make that can help you lead a fuller life. I realize that this can be difficult and I am grateful that I am able to help you in your journey.

My specialties include eating disorders and body image issues, trauma, relationship issues, life transitions, depression and anxiety.

Please contact me for more information. My office is located steps away from the South entrance to the Dupont Circle Metro Station (Red Line) in downtown Washington, DC.

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