

**Arianna Fernandez, MS, LMHC**

**Description:**

Ms. Arianna Fernandez is a Licensed Mental Health Counselor in the State of Florida. Arianna began her career with an undergraduate degree in psychology from Florida International University. She proceeded to acquire her graduate degree in Mental Health Counseling from Carlos Albizu University. Personally, she has a background in classical and modern dance. Her comprehensive experience and training has been most effective when working with clients suffering with body image problems and eating disorders during her internship and later employment as a primary therapist at Milestones in Recovery Eating Disorder Program in Cooper City, FL. Her expertise with patients suffering from body image distortions, self esteem issues, and co-occurring addictive disorders has led to her to become an integral part of our clinical team at Comprehensive Assessment Center. Arianna's treatment approach integrates the physical, emotional, and spiritual needs of her clients as it relates to their o

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