

Kellie Carbone, MA, MFT

Description:

My style is intuitive, creative, and compassionate. I will work with you to uncover the hidden messages embedded in your feelings and behaviors so that we can decipher what your soul is saying to you. It is from this place that lasting relief and change is attainable. That means we will be curious about your behavior instead of critical. I have never seen lasting change come from a process that emphasizes all the ways that we are "bad" and "wrong". Whether it is clear to you yet, there is a wisdom embedded in your eating and exercise behaviors, and we will work together to tap into your own healing resources.

I specialize in the treatment of binge eating disorder, bulimia, and the unique concerns of the LGBTQ community.

Country: USA

State: Michigan

City: Ann Arbor

Zip: 48104