

**Alison Ross, MA, LMFT, Founder of Lotus Path
Eating Disorder Treatment**

Description:

Alison Ross offers outpatient psychotherapy services for individuals of any age who struggle with anorexia, bulimia, binge-eating disorder, obesity and all irregular eating, exercise and body image problems. She also offers a non-diet approach to weight management called Hunger Balance™ that teaches you to break through addictive and emotional eating patterns while tapping into your bodies' natural desire to be at a healthy weight and its internal system to guide you there. Get off the diet yo-yo and find your perfect weight.

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City: Woodland Hills

Zip: 91364

Website:

http://www.lotus-path.com/?utm_source=fishy