

## **Tamar Kelson, PhD, LLC**

### **Description:**

I offer treatment of bulimia, binge-eating and anorexia with a special emphasis on overcoming associated body image problems. My approach helps people examine unmet needs which may be perpetuating their eating difficulties. I help people to actively address and manage their eating behaviors while also developing a deeper understanding of the meaning behind their struggles with food. I have been treating clients with eating disorders for over 20 years and I recently opened an independent practice which offers a comfortable, peaceful and private office space.

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