

## **Alison Bell Counselling and Psychotherapy**

### **Description:**

Alison Bell is a registered Clinical Counsellor who has specialized in the field of eating disorders for many years and has previously worked as regional and consulting therapist for a specialized eating disorder program for children, youth, adults and families. Alison has recently expanded her practice and is currently taking referrals for individuals who are struggling with disordered eating, binge eating, emotional eating and eating disorders. Services for family, couples and other support relationships also provided. Please feel free to contact Alison to consult and see if she may be a good fit to support you or your loved one in your recovery.

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