

Alexandra Shimer, MFT, PsyD

Description:

Alexandra Shimer specializes in the treatment of anorexia, bulimia, binge eating, emotional and compulsive eating, exercise addiction, and overall eating disordered behavior and body image issues.

Eating disorders are frequently multifaceted, and Alexandra has found that a team approach yields the highest rate of success. After a preliminary assessment, she will generally consider referrals to dietitians, psychiatrists, medical doctors and support groups as needed. In addition to providing therapy, Alexandra coordinates the treatment team throughout the duration of treatment.

Alexandra provides her clients with care that is compassionate, dignified, and professional. For more information please visit her website at www.alexandrakinder.com.

Address Line 1: 139 S. Beverly Dr., Suite 305
Beverly Hills
Country: USA
State: California
City:
Zip: 90212

Website: <http://www.dralexshimer.com>