

12 Week Online Program for Christian Women with Eating Disorders

Description:

This 12 Week Online Course consists of written material that is jam-packed with information, research and practical guidelines. There is also approximately 100 videos of encouragement, testimonies and practical advice. These videos are meant to view daily to reduce the isolation of this struggle and help women stay the course when the going gets tough. This course is written by a woman who found freedom from her Eating Disorders through a journey of searching, praying and helping others. Her testimony is woven into the fabric of every week's material. The 12 Weeks deal with 12 important areas that needs God's healing touch in order for us to get to a place of Freedom. The material is Biblically sound and Holy Spirit driven, but also very down-to-earth, honest, and in touch with our humanity.

Country: Online only - doesn't apply

City:

Website: <http://www.EatingsDisorders.com>