

Sally Hara, MS, RD, CDE, CSSD

Description:

Individual Nutrition Therapy for the treatment of eating disorders. Compassionate and experienced working with a variety of ages and types of eating disorders. Proponent of non-diet approach for weight management. Well networked with local therapists and physicians who are experienced working with eating disorders. Also a Board Certified Specialist in Sports Dietetics (CSSD) and a Certified Diabetes Educator (CDE).

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