

**Nancy J. Kolodny, M.A., M.S.W., L.C.S.W.**

**Description:**

Nancy J. Kolodny, M.A., M.S.W., L.C.S.W. has worked as an eating disorder therapist since 1981; prior to that, she taught high school English. She is the author of *When Food's A Foe: How to Confront and Conquer Eating Disorders* (Little, Brown, 1987; Revised and Updated, 1992, 1996, 1998 in press), a book for teenagers and young adults that was chosen by Booklist as a Young Adult Nonfiction "Editor's Choice" for 1988, and by the New York Public Library for inclusion in Books for the Teen Age, 1988. It was also a selection of the Psychotherapy Book Club. She is a co-author of *Smart Choices: A Guide to Surviving at Home and in School, Dating and Sex, Dealing with Crises, Applying to College, and more* (Little, Brown, 1986; German edition, 1987) which was selected by the International Reading Association as a "Young Adult's Choice" book for 1988, and by the New York Public Library for inclusion in Books for the Teen Age, 1987 and 1988. She also co-authored

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