

Abby Daniel, MA, CCHT, LMFT

Description:

Psychotherapy and Hypnotherapy to get to the core of your eating issues. I Specialize in compulsive overeating, obesity and binge eating disorder.

Do you,

- *Self-sabotage
- * Eat Emotionally
- * Have old Trauma
- * Have a history of Physical or sexual abuse
- * Have Body image distortion
- * Have feelings of worthlessness

With this work, I can help you get to the core of your difficulties with food and find healing.

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