

## **Barbara Homrich PhD**

### Description:

Dr. Barbara Homrich is a Clinical Psychologist, and Program Director of the Substance Abuse Program at Claystone Clinical Assoc. [claystoneclinical.com](http://claystoneclinical.com)  
Dr. Homrich specializes in Eating Disorders (anorexia, bulimia, binge eating disorders, obesity) and Chemical Dependency. She also facilitates an ED support group for patients and families [eatingdisordersmichigan.com](http://eatingdisordersmichigan.com)

Dr. Homrich is a member of numerous professional organizations and has held a board position with the Grand Rapids Area Psychological Association. She has extensive experience in the field of mental health and co-occurring disorders, and is known for her clinical contributions to the field of addictive behaviors. Cognitive-behavioral interventions are employed to increase patient awareness of the biological, psychological, and social contributions to the addictive behavior. Her book, *Autonomy Disturbance as a Psychological Characteristic in Anorexia* can be found at [amazon.com](http://amazon.com) on sale June 22, 2008.

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