

## **Acupuncture Reinforces Recovery**

### Description:

I am licensed in Acupuncture and Traditional Chinese Medicine. I treat the emotional (depression, anxiety, social withdrawal, insomnia, irritability, obsessive thoughts) and physical (constipation, nausea, diarrhea, bloating, IBS, acid reflux, menstrual disorders) discomforts associated with all types of eating disorders.

I come from experience, I understand what you are going through & will not judge you.

I believe in empowering my patients to put their health back into their own hands through health maintenance and disease prevention education, individualized treatment plans and nutritional counseling. Kim also specializes in dietary therapy in her healing strategy.

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