

## **Cathexa Psychocultural Services**

### Description:

Dr. Rebecca J. Lester, Ph.D., M.S.W ...  
Psychological Anthropologist/Social Worker ...  
Innovative Services ... Individual Therapy, Recovery  
Coaching, and Consultation ... Sociocultural Issues  
in Eating Disorders and their Treatment ...  
International Experience ... Bilingual English /  
Spanish ... Visit my website at [www.cathexa.com](http://www.cathexa.com) or  
contact me at [rebecca@cathexa.com](mailto:rebecca@cathexa.com) for more  
information. Saint Louis

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