

Alex Abdel-Malek, MSW, RSW

Description:

Experienced and caring therapist, 12 years of practice, trained at Douglas Hospital ED clinic, Montreal. Main approaches used: psychodynamic, interpersonal process therapy, Satir Systemic therapy. I work with adults who are wanting to make change in their lives, specializing in disordered eating, depression, and perfectionism. For more information, see www.aamcounselling.com

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