

ANAD San Francisco Support Group

Description:

One of the cornerstones of an eating disorder is that it is an isolating and shame based illness. Getting support from other people who understand and have experienced the same thing can be profoundly healing and can aid recovery. This is a support group for those who wish to recover from an eating disorder. It is a safe, supportive, non-judgemental group, led by two experienced therapists. This group meets on the 2nd and 4th Saturdays of the month at 10:00am for an hour and a half. For location and other details, please call for a ten minute telephone screening: Chiara 415 640-9862 This group is free.

Address Line 1: Valencia Street

Country: USA

State: California

City: San Francisco

Zip: 94110

Website:

<http://www.overcomeingeatingdisorderstherapy.com>