

Allan N. Schwartz, Ph.D.

Description:

Dr. Schwartz has more than twenty years of experience working with eating disorders, including bulimia and binge eating disorder. A team approach so that anti depressant medications are available if necessary and a nutritionist to do weigh-ins and counseling on proper nutrition habits. A combination of verbal therapy and cognitive-behavioral techniques are used but the emphasis is on the patient-therapist relationship. Fees are adjusted according to ability to pay and insurance is accepted.

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