

## **Anukasan Transpersonal Psychotherapy & Hypnotherapy**

### **Description:**

I am an internationally trained & certified transpersonal psychotherapist/hypnotherapist with 19 years experience assisting others in changing patterned behaviour to realize their life aspirations. I work with most psychological difficulties. My specialities are trauma relief, recovery from sexual abuse, habituated/dependant behaviours(alcoholism/drug-addiction and sex-addiction) and codependency. I also have specialized shamanic journeying training. With well over 92% of the population suffering from psychological difficulties, (Satir 1988) my mission is to do my small part to change this beautiful planet upon which we all live. I aspire to help us all toward thriving within our communities, not just surviving. Using hypnotherapy (or trance) which removes conscious barriers, I assist my clients to restore joy/enjoyment in their lives. After many years working with traditional talk therapy, this modality - hypnotherapy - has supercharged my work helping my clients to be in life not

Country: USA

City: Loveland

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### **Website:**

<http://www.hypnotherapy-psychotherapy.com>