

Aimee Jordan, Psy.D.

Description:

As a licensed clinical psychologist since 1998, I specialize in the treatment of eating disorders including anorexia, bulimia, binge eating disorder and compulsive exercise. I also have experience with body image disturbance, trauma, anxiety, depression, self-injury and post partum depression. My practice is comprised of individuals 12 and older, families and couples. I work with clients to develop the necessary skills to live a better, more empowered life. I strive to listen and validate your story, your unique path into and out of psychological difficulty. I believe treatment is a process of rediscovering your own voice, your own priorities and finding the courage to act on these. Please call me to discuss beginning your journey to recovery together.

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