

## **be nourished**

### Description:

Our psychotherapist and nutrition therapist offer treatment for eating disorders and food/weight/body image concerns through individualized work, groups, workshops & retreats. Our style is warm, down to earth and accepting. Our passion is helping people live fuller lives through finding the true nourishment they need for mind and body.

Country: USA

City: Portland

Zip: 97212

Website: <http://www.benourished.org>