

**Carolina House - individual, family and group therapies designed to promote healing**

Description:

At the Carolina House, we provide treatment for anorexia, bulimia and related eating disorders. We provide treatment for women ages seventeen and up. We have created an opportunity for individuals to recover in a naturalistic setting where routine life experiences can occur; this can be challenging for the residents, but it also encourages growth. The Carolina House offers a multitude of individual, family and group therapies designed to promote healing. These include: Dialectical Behavioral Therapy, Culinary Therapy, Nutrition Therapy, Spirituality, Expressive Art Therapy, Equine Assisted Psychotherapy, Yoga and Mindfulness Therapy. Call for a free assessment and admissions information: 866-690-7239

Address Line 1: 176 Lassiter Homestead Road  
Durham

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State: North Carolina

City:

Zip: 27713

Website:

[http://www.carolinaeatingdisorders.com/?ph=\(866\)+690-7239](http://www.carolinaeatingdisorders.com/?ph=(866)+690-7239)