

## **Becky L. Jackson Recovery Center**

### Description:

The BLJ Recovery Center offers Living Abstinent support groups in the San Diego area and a variety of workshops for people with eating disorders. On the website, you can find Becky's story, the first chapter of her book *Dieting: A Dry Drunk*, and other helpful information for people suffering from compulsive overeating, bingeing, purging, anorexia and bulimia.

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State: California

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Website: <http://www.dietingrecovery.com>