

**Hannah S. Berenson, LICSW, CPT**

**Description:**

Eating Disorders and body image disturbances are complex and multi-causal illnesses which are responsive to varied treatment approaches. I am an LICW and an ACE Certified Personal Fitness Trainer with many years of experience treating a wide range of Eating Disorders. I work with adolescents and adults using psychodynamic and cognitive-behavioral methods. I also integrate physical fitness and strength training into the work as a means of connecting the body with emotional processes. I offer support groups for adolescent females as a psychoeducational tool in hopes of decreasing and preventing the rise in all eating disorders.

Country: USA

City: Easthampton

Zip: 01027

Website: <http://>