

Water's Edge Counseling & Healing Center

Description:

Water's Edge offers both individual services and an Intensive Outpatient Program (IOP) for adults/adolescents suffering from an eating disorder. Dietitian consultation and DBT groups for individuals with an eating disorder are available in addition to traditional individual/family therapy. Our IOP program incorporates traditional treatment (psychotherapy/dietitian consultation, meal support) with complimentary alternative methods including yoga/movement, spiritual care and mindful leisure walks.

Country: USA

City: Burnsville

Zip: 55306

Website: <http://>