

## **The Southlake Center For Self Discovery**

### **Description:**

The Southlake Center for Self Discovery: [www.centerforselfdiscovery.com](http://www.centerforselfdiscovery.com) The Southlake Center for Self Discovery is a multidisciplinary treatment center which provides day treatment, intensive outpatient therapy, individual, group, and family therapy for all forms of eating disorders. The center's mission is to provide individualized, intensive, and effective treatment of eating disorders while allowing individuals to maintain their normal lives, as much as possible. We believe that most individuals are better served living in their current environment while integrating what they learn into their daily lives. The center is committed to providing the most effective and empirically validated treatment methods available. We incorporate a team of psychiatrists, psychologists, therapists, nurse practitioners, dietitians, medical doctors, equine specialists, and educational specialists to ensure the disorder is treated on all levels. We are here and want to help! Please visit our website, [www.](http://www.centerforselfdiscovery.com)

Country: USA

City: Davidson

Zip: 28036

Website: <http://www.centerforselfdiscovery.com>