

BLOOM {grow your life}

Description:

I am a professionally trained life coach with expertise in working with women and teens to live more full lives, free from self-limiting thoughts and behaviors. The coaching relationship provides structure, support and accountability to help women maintain and strengthen recovery after leaving treatment. I have a Masters in Social Work and I am happy to work as part of a multi-disciplinary team. I am also a person who has recovered from anorexia and bulimia. I provide coaching services over the phone and in person. I offer a free initial consultation and sample session.

Country: USA

City: Portland

Zip: 97218

Website: <http://>