

## **Ohlhoff Recovery Programs**

### **Description:**

At Ohlhoff Eating Disorders Program we understand the pervasive pain and obsession surrounding food/body image. The Eating Disorders Program is a highly structured 16 week intensive outpatient program, designed to treat anorexia, bulimia, binge eating, and body image issues in a warm, supportive environment. Recognizing that each person's eating disorder is unique, staff members address the client's individual psychological and physiological needs and develop a program tailored for those needs. Convenient hours are available for clients living at home, working, or attending school. Program Components-Free Initial Assessment -Individual Counseling, Weekly -Nutritional Counseling, weekly -Group Counseling, weekly -Family/Couple sessions -Body Image Groups (utilizing art and drama) -Education -12 step participation -Medical Evaluations -Aftercare Services You need not be controlled by food. Ohlhoff Recovery Programs is a non-profit agency working with various addictions for the la

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