

## **Anorexics & Bulimics Anonymous**

### **Description:**

Anorexics and Bulimics Anonymous (ABA) is a Fellowship of individuals whose primary purpose is to find and maintain "sobriety" in our eating practices, and to help others gain sobriety. The only requirement for membership is a desire to stop unhealthy eating practices. There are no dues or fees for ABA membership; we are self-supporting through our own contributions. ABA is not affiliated with any other organization or institution, nor are we allied with any religion. ABA uses the Twelve-Step Program adapted from Alcoholics Anonymous to address the mental, emotional, and spiritual components of the disorders of anorexia and bulimia. We meet at Grace Episcopal Church (1072 E 900 S, St George) every Wednesday from 6:30 pm to 8:00 pm. Enter through the gates to the church courtyard, it will be the 3rd door on the right.

Country: USA

City: Saint George

Zip: 84770

### **Website:**

<http://www.anorexicsandbulimicsanonymousaba.com/>