

**Jacque Mular, MS, RD**

**Description:**

Clients are empowered to heal their relationships with food, weight and body image by challenging the myths that perpetuate them and by practicing intuitive eating and mindfulness. I use an empathic, non-diet and non-judgemental approach in order to meet you where you're at on your path to recovery. I have extensive experience in eating disorders treatment on an in-patient and out-patient level. I offer individual, group and family nutrition counseling in a supportive and professional environment. I work closely with all members of your treatment team to establish a therapeutic alliance early on in your recovery.

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