

## **Casa Palmera**

### **Description:**

Casa Palmera is a licensed facility that specializes in eating disorders, trauma, pain management and co-occurring addiction programs. They are located in beautiful Del Mar along the Southern California Coast. Casa Palmera treats adult men and women nationwide. The newly renovated 37,000-square-foot resort style facility is situated on 5-acres of beautifully landscaped grounds with meditation gardens, a fully licensed and expertly equipped ropes challenge course, organic garden, koi pond, and a state-of-the-art fitness center. Their individualized programs are tailored to meet each client's particular needs. Unlike traditional treatment programs, there is no predetermined length of stay since they recognize that everyone coming to Casa Palmera brings with them their own personal experiences and conditions. Casa Palmera's treatment model is integrative and holistic. Their program includes: Individual & Group Therapy, Nutritional & Fitness Counseling, Family & Partner Therapy.

Address Line 1: 14750 El Camino Real

Country: USA

City: Del Mar

Zip: 92014

Website: <http://www.casapalmera.com>