

**Carolyn A. Garrett, M.A. MFT**

**Description:**

As a licensed marriage and family therapist, I offer a safe place to explore the many issues of an eating disorder. I provide gentle, yet directive support for the journey to recovery. I Please feel free to call for additional information. I also work with birthmothers and adult adoptees in relation to eating disorders. Support groups, family and couples therapy are also available.

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