

Allison B. Vandenhouten, Psy.D.

Description:

Licensed Clinical Psychologist providing individual, group, family, and couples psychotherapy for the prevention and treatment of eating disorders. Support groups for individuals suffering from an eating disorder and for family members. Multi-disciplinary team approach by coordinating treatment with other health care providers. Other specialty areas include depression, anxiety/stress management, self-esteem/identity issues and trauma. Completed residency at renowned eating disorder facility.

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