

Ani Orphanides, R.D.

Description:

Ani specializes in the treatment of eating disorders and disordered eating, including anorexia nervosa, bulimia nervosa, binge eating disorder, emotional eating, and chronic yoyo dieting. She provides individualized nutrition therapy to adolescents and adults to help them build a positive relationship with food and eating. Her experience working with patients in both the inpatient and outpatient settings gives her a comprehensive understanding of treatment at all levels of care. By providing a caring and supportive environment, she helps clients achieve lifestyle goals, health, empowerment and well being.

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